



“The trouble with our age is that it is all signposts and no destination”

Louis Kronenberger

Executive Coaching

You are a key player in your company.

People rely on your skills, judgements and decisions and expect you to continually come up with the goods.

As a matter of course, you are called upon to give keynote speeches, chair crucial meetings, develop strategy and people, focus on succession planning, handle crises and deal with the internal and external pressures that go with your position.

Part of the deal is that others do expect you to handle all that and more with grace, professionalism, energy and enthusiasm. And then there's the rest of your life, too: all that work-life balance stuff.

Fortunately, people like you aren't expected to go it alone. You might want to be perceived as super-person, but even super-people have coaching and support. All the 'big people' have their own coaches or mentors.

Coaching is about listening, questioning, inviting self-assessment, challenging, developing options, helping with goal-setting and giving positive and candid feedback, including confronting negative interpersonal behaviours and working round them. It is most often about improving performance, achieving goals in the client's role at work and managing the Work-Life Balance.

That's what we offer: confidentiality, objectivity, motivation, unbiased, practical support and exceptionally high level business coaching skills.

We deal with, change management issues, communication skills and relationship issues; indeed anything where you know extra support and expertise could make a significant difference to how you feel and what you do. The fuller extent of what we offer can often include:

- Goal setting
- Personal approach and effectiveness
- Management style
- Collaboration and influencing
- Contributions to the organization
- Preparation for role change
- Preparation for increased responsibility/promotion
- Managing time, conflict or stress
- Personal issues
- Relating effectively to others
- Communication and presentation skills

Should you want to explore these possible approaches further, please contact Headline for a no-obligation and confidential chat.

Headline